

Student Health

California Baptist University contracts with UnitedHealthcare Student Resources to provide Student healthcare insurance. Requirements, eligibility, and cost related to Student health insurance are determined by Student enrollment status:

General Eligibility. Students who are enrolled in the Online and Professional Studies Program, part-time Students, and Graduate Students (with the exception of those enrolled in a programs listed below), do not meet the eligibility and/or enrollment requirements specified by the health insurance plan through UnitedHealthcare Student Resources.

Dependent Coverage. Dependent coverage for spouse and children of Students enrolled on the plan is available for an additional cost. Contact the University Card Services Office or send an email to cardservices@calbaptist.edu to enroll dependents. Information regarding Student health insurance may be accessed at www.calbaptist.edu/healthinsurance. Students who have questions regarding the Student health insurance plan after reviewing the information provided online, are encouraged to contact the University Card Services Office for assistance.

Graduate Students. Graduate Students enrolled in Athletic Training, Physician Assistant Studies, and Speech Language Pathology programs are required to have health insurance and are automatically enrolled in the student health insurance plan provided through the University. Students enrolled in any of the programs listed above who have health insurance which is comparable to the plan offered through the University may choose to waive the student health insurance plan provided through the University. Graduate Students enrolled in other academic programs are ineligible to enroll in the student health insurance plan provided through the University.

Health Insurance Waivers must be submitted through the online waiver accessed at www.calbaptist.edu/healthinsurance. Proof of insurance waivers must be submitted prior to the “Last day to drop a class with refund” as indicated in the University Calendar, during the first semester of attendance of each academic year. Students who do not submit proof of medical insurance online by the deadline will be enrolled in and charged for student health insurance plan provided through the University. Once a Student is enrolled, the charge is non-refundable.

International Students (Graduate and Undergraduate) are required to enroll in the Student health insurance plan.

Nursing Students (Traditional, Graduate, and OPS) are required to have health insurance and are automatically enrolled in the student health insurance plan provided through the University. Nursing Students who have health insurance which is comparable to the plan offered through the University may choose to waive the student health insurance plan provided through the University.

Traditional Students enrolled for seven (7) or more units are required to have health insurance and are automatically enrolled in the student health insurance plan provided through the University. Traditional Students who have health insurance may choose to waive the student health insurance plan provided through the. Traditional Students enrolled in less than seven (7) units are not eligible to enroll in the plan.

Emergency/Health Notification

The Office of the University Registrar maintains Student emergency notification/contact information. Students are encouraged to visit the Office of the University Registrar in person or via InsideCBU at the beginning of each academic year (or as necessary as needed) to verify and/or update emergency notification/contact information.

Students who are unable to attend class for multiple class sessions (typically, one [1] week or more), as the result of a family-, emergency-, or health-related issue, are encouraged to contact the Student Services Office. Upon receipt of notification and necessary documentation, if applicable, the Student Services Office will contact appropriate University official(s) and/or department(s).

Students who miss coursework as a result of absence are responsible for contacting (as soon as circumstances permit) Faculty and making arrangements to complete outstanding coursework.

Wellness Center

The California Baptist University Wellness Center is a Student-focused department that houses the CBU Health Center and the CBU Counseling Center. The goal of the Wellness Center staff is to provide effective health, wellness, and counseling services that promote academic and personal success.

Health Center. The Health Center is available to all members of the campus community. To help maintain a healthy campus environment, Students are encouraged to visit the Student Health Center at the onset of illness symptoms and other health-related concerns. Health Center staff can address most conditions that are treated in an urgent care facility.

The Health Center is operated in cooperation with Riverside Medical Clinic, who provides staffing and insurance billing services. In addition to accepting Student health insurance (UnitedHealthcare Student Resources) provided through California Baptist University, most PPO insurances and HMO insurances (that name Riverside Medical Clinic as their primary medical group) are accepted at the Health Center. Kaiser Permanente Health Plans are not accepted at the Student Health Center. The Health Center has reasonable walk-in rates for all CBU community members beginning at \$23. For Students, Faculty, and staff needing ongoing care and prescriptions for pre-existing conditions, it is recommended they visit their primary care physician.

The Health Center, located at 3510 Adams Street, is typically open while classes are in session, Monday – Friday from 8:30 am – 5:30 pm. Call 951.321.6520 to schedule an appointment. Appointments are required for all routine well- and/or preventative-services visits. Walk-ins are welcome.

Counseling Center. The CBU Counseling Center offers a full range of counseling assistance as members of the campus community strive to become more effective, productive, and comfortable with University life. The primary mission of the Counseling Center is to provide professionally competent and personally compassionate care for Students, Faculty and staff. The goal of the Counseling Center is to provide services with a Christ-centered approach and biblically-focused world view.

Counseling is provided by well-trained Marriage Family Therapist interns and trainees. All counseling is provided under the professional supervision of fully licensed therapists. Issues that can be addressed with a counselor include, but are not limited to: Addiction/Substance Abuse, Family Conflict, Anger, Grief, Anxiety, Identity/Self-Image, Depression, Life Transitions, Divorce, and Relational.

Counseling is completely confidential except where limited by law. These limitations include any plan to harm others or self along with issues of child and/or elder abuse.

The Counseling Center is available to Students, Faculty, staff, and immediate family members (dependents, parent, sibling, or spouse). Typically, appointments will be scheduled within one (1) week of initial contact. Walk-in appointments are available for urgent situations.

Contact Information. Members of the campus community can contact the Counseling Center in-person, via phone, email, and/or the CBU website:

Call: 951.689.1120

Email: ccrecept@calbaptist.edu

Website: www.calbaptist.edu/counseling

Online Screening. Anonymous online screening for alcohol abuse, depression, bipolar disorder, eating concerns, anxiety, and Post-Traumatic Stress Disorder are available at www.calbaptist.edu/-counseling/selfassessment.aspx. Online screening provides relatively immediate (within a few minutes) feedback/information regarding symptoms experienced and whether counseling might be beneficial. All screenings are completely confidential and free of charge.