



**Pre-Nursing Foundations  
Summer 2024**

# Resources

Academic

# Academic Advising - Student Success Coach

- The Office of Academic Advising assists undergraduates with academic planning, registration, scheduling, and petition requests.
- Your Student Success Coach provides personalized support throughout your time at CBU, helping with:
  - ✓ Class Registration
  - ✓ Degree planning
  - ✓ Academic success strategies
  - ✓ Appeals
  - ✓ Schedule assistance
- Students can connect with their SSC through:
  - Email, Phone, Events, & Appointments and Walk-ins



# Faculty

Your professors care about your success at CBU and are willing to meet with you to discuss:

- Assignments
- Grades
- Research opportunities
- Career Outlook

If you are experiencing challenges with a course, it is important to have a conversation with your professor so they can help you get back on track.

How can you reach your professor:

- Before and After class
- Office Hours (will be established on the first day of class and indicated on syllabi)
- Email





# Office of Student Success

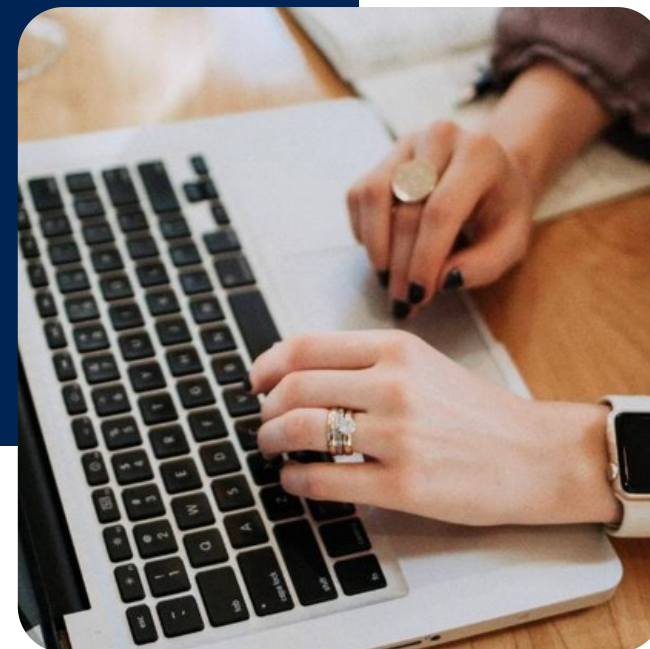
## University Tutoring Center

### Services

- One-on-One Tutoring
- Group Tutoring and Supplemental Instruction
- Peer Financial Coaching
- Peer Mentoring
- Make-Up Exam Proctoring
- Laptop Kiosk

### Workshops

- Time Management
- Study Skills
- Procrastination Workshops



## University Writing Center

Grammarly – Free premium accounts for all CBU students

### Schedule

- Online
- In-person
- Email Writing Appointments

### Tutorials

- Style guides (MLA, APA, and Chicago)
- Academic and Research writing



# Office of Student Success

## Disability Services Center

Disabilities (learning, psychiatric, and physical)

### Services

- Academic Support Mentoring
- Peer Mentoring for Students with ASD

### Academic Accommodations

- Individualized based on the learning needs of each student with documented disabilities.
  - Examples: extended time on tests, private testing, minimal testing environments, alternative text formats, reader and scribes for exams

For accommodation support, please contact Disability Services to schedule an appointment.

- Phone: (951) 552-8500

## Veterans Resource Center

- Support and empower student veterans by facilitating a smooth transition into university life.
- Foster a welcoming community for veterans within the university
- Provide Resources to meet the Veteran's needs
- For more information contact the Director of Veterans Resource Center, Jay Villasenor.
  - Phone: (951) 552-8522





# Library

- Research and information needs
  - Databases
    - Academic journals
    - Books
    - Research databases
- Group Study Rooms (reservable)
  - White board
  - TV monitor (screen-sharing capability)
- Interlibrary Loan Service
  - Allows you to borrow books, journal articles, and other materials from a nationwide network of libraries
- Computers
- Print Station



Financial



# Financial Aid

## **Applications**

- Free Application for Federal Student Aid (FAFSA)
- CA Dream Act Application (CADAA)
- Veterans Benefits

## **Scholarships**

- A scholarship is free money that you do not have to pay back.
  - Check out CBU's Private Scholarship Engine: **Scholarship Universe**

## **Grants**

- A grant is free money that you do not have to pay back. Grants are need-based aid and eligibility is based on financial need as determined by the FAFSA. Some grants are funded by CBU in the form of institutional aid, while others are government funded.

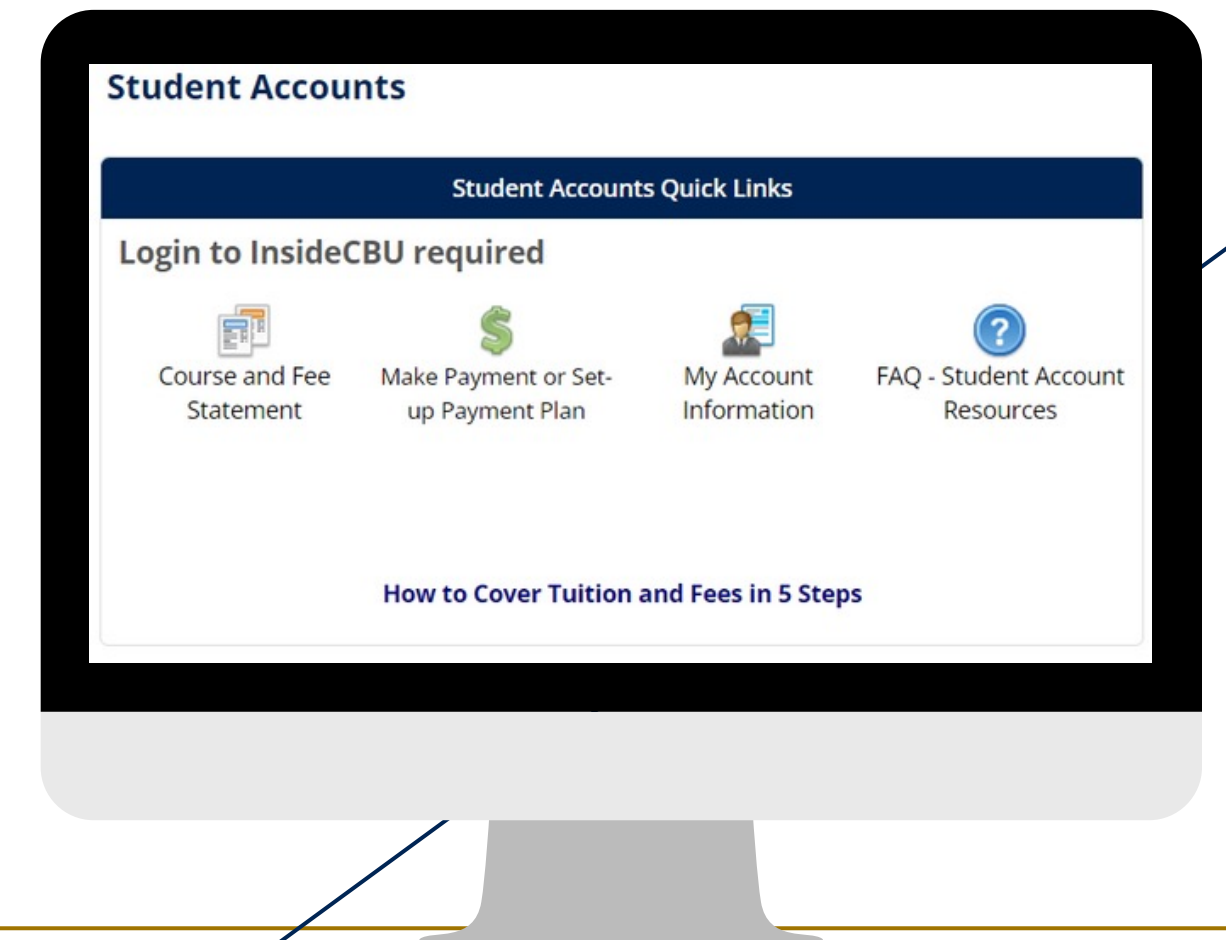
## **Loans**

- Money that you borrow that you repay, usually after graduation. This money can be borrowed from:
  - Direct Federal Student Loans
  - Private Loans



# Student Accounts

- The Student Accounts Office is responsible for:
  - Student billing and collections
  - Tuition and fee charges
  - Balance due
  - Payment due dates
  - Payment options
  - Book vouchers
  - Refund check information



# Student Life



# Community Life

## New Student Programs

- Welcome Weekend
- First-Year Experience (FYE)

## Cultural Celebrations

- Asian American Pacific Islander Celebration
- Black History Celebration
- Hispanic Heritage Month Celebration

## Commuter Lounge and Programs

- Commuter Christmas & Commuter Cafe

## The Lounge

- Designed for you to play, study, relax, and build community





# Clubs and Organizations

## Cultural Clubs

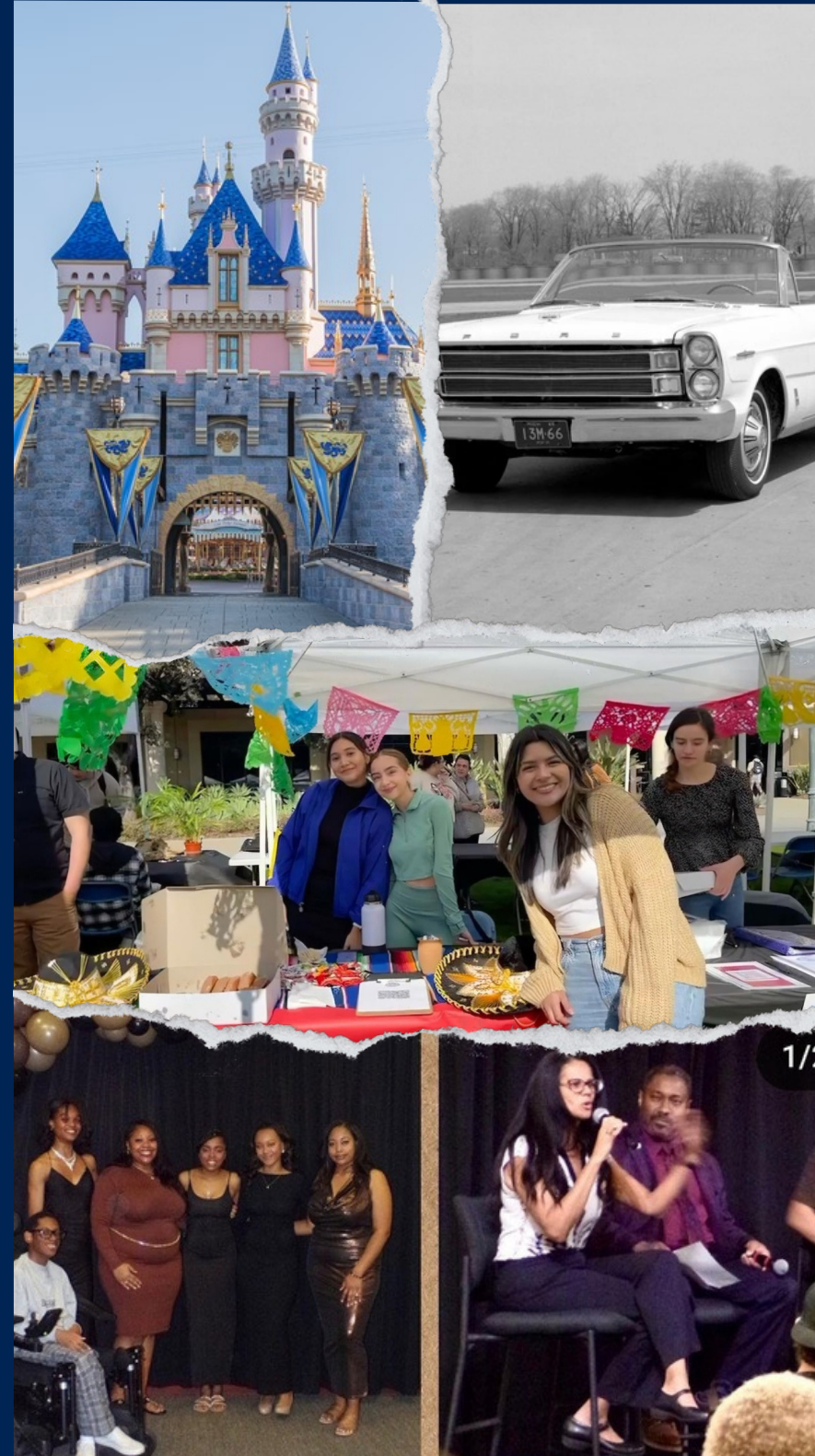
- Latino Student Union (LSU)
- Black Student Union (BSU)
- Asian and Pacific Islander Club (API)
- Indigenous Student Club

## Healthcare Clubs

- Students of Nursing Association (SONA)
- Red Cross Club
- Nutrition Club

## Special Interest Clubs

- Disney Club
- Art Club
- Cars and Coffee



Get Involved



# Spiritual Life

## Submit a Prayer Request

### Chapel

- CBU community gathers for worship, teaching from God's Word and encouragement from Christian testimony

### Serve Local

- Opportunities for students to partner together in service to one another and the community

### Serve Global

- International Service Projects (ISP)
  - 2-8 week cross-cultural service opportunities

### SL Night

- A weekly celebration of all of our discipleship spaces around campus
- Encourage current CBU students through the teaching of God's Word, cast vision for making disciples who make disciples, and connect students with spiritual growth opportunities

### SL Group

- Communities that gather around campus to discuss the Bible together





# Residence Life

## Apply for Housing

- Provides students with a residential experience where students can thrive socially, academically, and spiritually alongside their peers in a safe, comfortable, and engaging living-learning community.



# Student Care

Student Care coordinates campus-based resources and support for students who experience unexpected difficulties that significantly impact their ability to navigate college life or continue enrollment in courses.

- Examples
  - Extended hospitalization
  - Health issues
  - Personal crises
  - Loss of an immediate family member

The Student Care staff assist students in communication with faculty and staff in situations that require an extended absence from campus.





# Counseling Center

Schedule an appointment with a counselor

Mental Health Check-ins

- Online anonymous check-ups

Mind & Body Resources

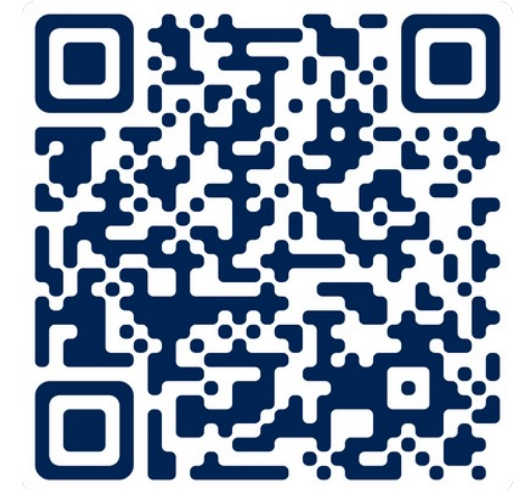
- Spiritual Reflection
- Rec Center

Relaxation Exercises

- WellTrack App: Personalized recommendations for individual wellness
- Meditation Videos

Mental Health Apps

- Calm App
- Pray App
- SoulSpace Christian Meditation App etc...



**welltrack**





# Recreation Center

80,000 sq. feet and three stories of recreation space featuring:

- Basketball courts
- Racquet ball courts
- Cardio equipment
- Free weights
- Outdoor field and track

## Intramurals:

- Leagues (Non-competitive and Championship)
- Rec It Fridays: One-day drop-in activities (e.g., lawn games, kickball)
- One Day Tournaments (e.g., pickleball, sand volleyball)

## Outdoor Adventures:

- Overnight trips (transportation, food, activities provided)
- Day trips (hiking, kayaking, surfing)
- Assistance in planning student-led outdoor trips
- Discounted gear rentals through Rec Rentals window



Safety

# Safety Services

- CBU maintains Safety Services for the purpose of enhancing the safety and security of the university community
- Request a Vehicle Permit
  - Can register up to 2 vehicles
  - Free parking to CBU students
  - Students can register for parking after they have registered for classes
- LiveSafe
  - Request Help
  - CBU Safety Escort and SafeWalk
  - Campus Map
  - Share Info with Safety Services



**Get the  
LiveSafe App**

Student-Sourced Risk Intelligence





# Preparing for Life After CBU

# Career Center

## Services offered:

- Resume, Cover Letter & LinkedIn Reviews
- Mock Interviews
- Classroom Presentations
- Career Fairs & Networking Events
- Major, Internship & Career Guidance
- Professional Wardrobe Closet
- Forage: bite-sized 5-6 hour virtual work experience

