



CBU

LOVES

COMMUTERS





***WELCOME TO THE
CBU COMMUNITY!***

COMMUTER LOUNGE

The Commuter Lounge is a home-away-from-home for commuter students, with a kitchen, refrigerator, microwaves, a printer, and study areas.

It is centrally located on campus in the Cottages and is a great place to hang out and connect with other commuters.



Commuter Lounge Hours:

Monday - Friday:

7:00 am to 10:00 pm

COMMUNITY LIFE & EVENTS

Commuters are invited to all the fun campuswide events Community Life produces. Sometimes, finding your people starts with just showing up.



Follow us **@cbu_commlife** for all the latest upcoming events! We can't wait to see you there.

(951) 343-4425
communitylife@calbaptist.edu

CLUBS

Whether you're passionate about a hobby, career field, or cause, clubs provide opportunities to connect with others (around a common interest), grow as a leader, and get involved on campus through club-sponsored activities such as meetings, guest speakers, service projects, game nights, and more.



Ready to get involved?
JOIN A CLUB or START A CLUB!

Or simply discover upcoming
club events on CBU Connect
connect.calbaptist.edu

(951) 343-4425
ClubsAndOrgs@calbaptist.edu

SPIRITUAL LIFE

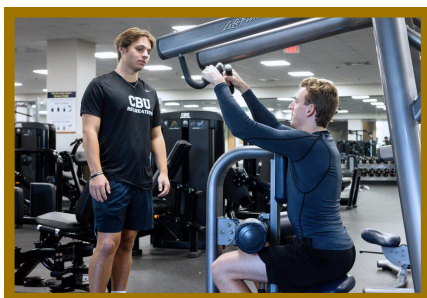
Spiritual Life exists to help every CBU student grow in faith and find real community on campus. Whether you're here two days a week or five, we have space for you to grow with us! Join us for our midweek gathering, SL Night, every Wednesday during the semester at 8 pm. We also invite you to join an on-campus Bible Study or a Discipleship Group, or to consider leveraging your summer for service through International Service Projects.

(951) 343-5015
calbaptist.edu/SL
SpiritualLife@calbaptist.edu



CAMPUS RECREATION

The CBU Recreation Center offer over 70,000 square feet across three levels, designed to support fitness, recreation, and everyday student connection.



The CBU Recreation Center includes basketball courts, racquetball courts, golf simulators, cardio areas, free weights, an open-air futsal field, and much more! Available to all current students, staff, and faculty. Equipment for recreation activities is also available upon request at no extra cost. All you need is your student ID!

Recreation Center Hours

(951) 552-8580
reccenter@calbaptist.edu
www.recreation.calbaptist.edu

Monday-Friday
6:00 am to 10:00 pm

Saturday
9:00 am to 5:00 pm

Sunday
5:00 pm to 9:00 pm

Showers

On-site showers and towel service make it convenient for students to work out before class, between classes, or before heading home.

Day-Use Lockers

Day-use lockers are available to all patrons at the Recreation Center, giving students a convenient place to store backpacks, books, and personal items while they work out or spend time in the facility. Whether stopping in between classes or fitting in a quick workout during the day, students can keep their belongings safe and secure.

Viewing Area

The Rec center viewing area offers students a practical place to study, reset, or spend time between classes. With space to work on assignments, meet with classmates, or simply recharge during the day, it gives students another campus environment to stay productive.



Intramurals

Intramural sports are designed to be fully accessible to commuter students, with game times scheduled in the early evenings, making it the perfect transition from class to competition.

OUTDOOR ADVENTURE & RENTALS

Looking to explore Southern California or try something new?

Campus Recreation offers affordable outdoor equipment rentals for students, including camping gear, paddleboards, kayaks, and more. Reservations can be made online, making it easy to plan your next adventure.



Commuter students are also encouraged to check out Outdoor Adventure trips throughout the year for a fun way to connect with other students and experience the outdoors.

Rec Rental Hours

Monday & Friday

2:00 pm to 6:00 pm

Tuesday & Thursday

10:00 am to 12:00 pm

2:00pm to 4:00 pm

**Wednesday, Saturday,
& Sunday – Closed**

Visit the Campus Recreation Outdoor Adventure webpage for equipment availability, pricing, trip information, and online reservations:
<https://calbaptist.edu/life-at-cbu/campus-recreation/outdoor-adventure>

DINING ON CAMPUS

Whether you're grabbing a quick coffee before class, meeting friends for lunch, or picking up dinner before heading home, CBU offers a variety of convenient dining options across campus.



From all-you-care-to-eat dining and made-to-order meals to coffee shops, cafés, and grab-and-go favorites, there are plenty of choices to fit your schedule. Dining locations offer a variety of menu options, making it easy to find something that works for your day. To view dining locations, hours, and menus, visit **calbaptist.edu/dining**.

Commuter Meal Plans



Commuter students are not required to purchase a meal plan, but they can choose from select commuter meal plan options to make dining on campus even more convenient. Meal plans provide a simple way to enjoy meals between classes while using your CBU Card at participating campus dining locations. Visit **calbaptist.edu/mealplans** to explore available commuter meal plans and find the option that best fits your schedule and campus lifestyle.

ATHLETICS



CBU Athletics provides all current students with **FREE ADMISSION** to regular-season home athletic events, creating exciting opportunities to connect with campus life, build school spirit, and support fellow students. From basketball and volleyball indoors, to water polo, soccer, softball, and baseball, outdoors! Attending games is a great way for commuter students to get involved, meet new people, and experience the energy of the Lancer Nation!

<https://cbulancers.com/calendar>

Instagram: @cbulancers

SAFETY SERVICES

Commuter Drop-Offs

If you are commuting to campus and getting dropped off, please pull into the visitor parking lots just inside the Welcome Pavilions. When entering from Magnolia pull into the visitor parking lot on the right, and when entering from Adams the visitor parking lot on the left. Please do not allow your driver to stop in the red curb areas or hold up traffic that is actively entering campus.



Shuttles

We have shuttles that pick up from the bus stop by the Kugal at Yeager Center to Health Science Campus, Adams Business Park, the Architecture building, and the Airport.

Parking

Commuter freshmen need to park in the East Parking Structure, Lot 31, or Lot 5. Freshman commuters are not allowed to park in lots 1&2. Sophomore students and above can park in Lots 1&2, the East Parking Structure, and lots 31 and lot 5. All students can park at the Health Science Campus.



Vehicle Registration

All vehicles on campus need to be registered to park. Please apply for the free parking permit on our website at:

<https://verso.calbaptist.edu/view/safety%20services/parking>

Remember, all students, new and returning, must use their 9-digit student number when registering. If you previously had a 6-digit number, just add three zeros to the beginning and now you have a 9-digit number (e.g. 000123456).

Safety Questions?

(951) 343-4311

safetyservices@calbaptist.edu

CENTER FOR CAREER & PROFESSIONAL DEVELOPMENT

The CBU Center for Career & Professional Development provides personalized services, including profile reviews, mock interviews, and major and career guidance — available on Handshake both in-person and virtually.

- Stop the Center for Career & Professional Development for walk-in hours, to have your profile documents (resume, LinkedIn, and cover letter) reviewed without an appointment.

Walk-In Hours

Monday-Friday
2:00PM to 4:00pm

- Take advantage of the Iris Photo Booth for free professional headshots, as well as a wardrobe closet where you can borrow professional attire for interviews — no appointment needed!
- Beyond in-person services, sign in to your Handshake account to explore on- and off-campus employment opportunities, virtual events, and career fair information.

(951) 343-5031

Careercenter@calbaptist.edu

Follow us on Instagram at @cbucareercenter to stay updated on all events!

STUDENT SUCCESS & ACADEMIC ADVISING

The Office of Student Success empowers students to thrive in the classroom, progress confidently toward commencement, and prepare for their calling beyond college. Through academic support, accessibility resources, and professional development opportunities, the office helps students succeed at every stage of their CBU journey.

Study Spaces

- Cottage 1
- Annie Gabriel Library
- Community Life Lounge
- Business Building
- Brisco's
- Couch's Corner



(951) 343-4567
advising@calbaptist.edu

STUDENT CARE

Student Care is an office dedicated to connecting students to support resources during unforeseen circumstances. This includes academic difficulty, basic needs, illness/injury, loss of a loved one, and more. Whether in your home community or at CBU, we aim to equip you for long-term success amidst short-term setbacks.

For information on accessing support resources and campus assistance, please contact the Office of Student Care.

(951) 552-8100

studentcare@calbaptist.edu

Please remember to utilize your CBU email address when initiating communication.

COUNSELING CENTER

The CBU Counseling Center provides professional counseling and clinician training guided by Christian values and is committed to supporting student wellness, purpose, and academic success while fostering growth and ongoing development for all students.

(951) 343-5050

counselingcenter@calbaptist.edu

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another...”

Hebrews 10:24–25

LANCE UP!

@CBU_COMMLIFE