California Baptist University Counseling Center

Trainee/Associate FAQs

**What are the hours of operation?**

* Client hours are Monday through Friday from 8 am to 6 pm from Fall-Spring, and Monday through Friday from 8 am to 5 pm in the Summer. However, client hours can change based off client need.
* Clinicians have access to the CBUCC Monday through Friday, 7:30 am to 9:00 pm, and Saturdays, 8 am to 8 pm, for documentation.

**What counseling services are provided?**

* Individual, group, and couples therapy for current CBU students.
* Same day consult triage appointments are available to CBU students with an immediate need.

**When would I start seeing clients?**

* The first week of client sessions starts the first week of the Fall semester.
* Group supervision starts the last week of August (before Labor Day weekend).

**What does summer training look like?**

* Bonding Day – Introduction to all clinicians and staff.
* Faith Integration – A spiritual day of reflection.
* Beginnings – Exploring the role as a new therapist, what therapy looks like, and how we use faith integration in our clinical work.
* Documentation and Crisis Training – Introduction to our electronic health record system and writing progress notes. Training on suicidality, after-hours line, and crisis intervention.
* Administrative Training – Teaching all things administrative, including instructions for payroll and scheduling, and we take a tour of the counseling center.

**What do clinical hours look like?**

* We require 13 to 15 weekly available hours with clients.
* With client sessions, documentation, and supervision, clinicians can expect to be in the office approximately 20-25 hours weekly.
* All clinicians must participate in our CBU after-hours line for one week at a time for 2-3 weeks per semester.

**What does supervision look like?**

* Clinicians must attend one group supervision weekly for the entire Fall and Spring semester.
* Clinicians will receive all other supervision units via individual or triadic supervision with their assigned supervisor.
* Clinicians are required to complete a minimum of two video observations per semester, where your supervisor will provide clinical feedback to help with growth. Our foundation is in our supervision at the CBU Counseling Center. We pour into our clinicians’ lives clinically, professionally, and personally. We will explore the strengths, weaknesses, and barriers. We explore our clinicians’ clinical lens and challenge them in any growth opportunity with grace, love, and encouragement.

**What are the benefits and pay?**

* We pay trainees $16 per hour, and we pay associates $26 per hour for the clients they see. Supervision, documentation, no-shows, or appointment cancellations are unpaid hours.
* Sick-time accruals may be used for sick days. Clinicians may request sick-time pay for the client hours they canceled due to an unexpected event. For example, if a clinician calls in sick and has four clients scheduled, they can request four hours of sick time.