

## COVID-19 Exposure or Potential Exposure Occurred During Clinicals or School-Related Function



College of Nursing

## COVID-19 Exposure Protocol For Students

← Versus →

Note: Please refer to Page 2  
for Definitions and References.

## COVID-19 Exposure or Potential Exposure Occurred During Non-School-Related Function

1. Was the student:  
(A) within 6 feet  
(B) for  $\geq$  to a cumulative 15 minutes  
and (C) without PPE?

Yes. No.



2. Or was the student:  
(A) directly exposed to  
secretions or excretions  
or (B) completing any aerosol-  
generating procedures  
(AGP's)?

Yes. Yes. No.

Yes, begin 10-day quarantine.

- ✓ Student will **immediately notify their faculty and Vina Ocampo, MSN, RN, PHN, Health Records Analyst (HRA), at 951-552-8940 or via E-Mail at VOcampo@CalBaptist.edu** for Health Clearance and/or, if school-related, complete an incident report for filing and processing with CBU Human Resources (HR).
- ✓ Student **begins 10-day quarantine (excluded from physically participating in school and clinicals)** after last day of exposure and will **continue to monitor themselves for symptoms** of COVID-19.
- ✓ Student will be **scheduled for COVID-19 Testing** through CBU HR (if school-related) or self-schedule testing at <https://riversideca.gov/testing> or <https://gettested.ruhealth.org/> (if non-school related).
- ✓ Student will **continue to monitor themselves for symptoms of COVID-19** and preventative measures such as, social distancing and handwashing, etc. and **report any changes in their health/symptoms to HRA** accordingly.
- ✓ Student will **report COVID-19 test results and/or Work Status Report/ Health Clearance to HRA** as soon as possible to determine status to resume physically participating in school and clinical activities.

1. Was the student:  
(A) within 6 feet  
(B) for  $\geq$  to a cumulative 15 minutes  
and (C) without PPE?

Yes. No.



2. Or was the student:  
(A) directly exposed to  
secretions or excretions  
or (B) completing any aerosol-  
generating procedures  
(AGP's)?

Yes. Yes. No.

No, continue participating in school and clinicals.

- ✓ Student **may continue participating in school and clinicals while wearing a facemask.**
- ✓ Student will **continue to monitor themselves for symptoms** of COVID-19. If the student becomes sick or symptomatic, student will immediately notify their faculty and **Vina Ocampo, MSN, RN, PHN, Health Records Analyst (HRA), at 951-552-8940 or via E-Mail at VOcampo@CalBaptist.edu** for Health Clearance.
- ✓ Student will **maintain social distancing of 6 feet** apart from all persons.
- ✓ Student will continue to **wash their hands** for at least 20 seconds before and after contact with potentially infected surfaces and persons.
- ✓ Student will **avoid touching their eyes, nose, and mouth** with unwashed hands.



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# COVID-19 Exposure Protocol Definitions & References

**1. Exposure to COVID-19** is defined as the following:

- Close contact **within 6 feet** of an infected person for a **cumulative 15 minutes or more** over a 24-hour period.  
**OR**
- Having **unprotected direct contact with infectious secretions or excretions (such as aerosol-generating procedures) for any period of time** of a confirmed COVID-19 positive person.

**2. Exposure to COVID-19** can occur if **Personal Protective Equipment (PPE)** is not used as follows:

- Student is not wearing a respirator or facemask **within 6 feet for ≥ to a cumulative 15 minutes.**
- Student is not wearing eye protection **within 6 feet for ≥ to a cumulative 15 minutes** if the person with COVID-19 was not wearing a cloth face covering or facemask.
- Student is not wearing all recommended PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure for **any period of time.**

### References:

1. <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>
2. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html>
3. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/face-masks.html>
4. <https://www.cdc.gov/niosh/npptl/pdfs/UnderstandDifferenceInfograp hic-508.pdf>

**For Preventive Measures, please see the following:**

1. <https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html>
2. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
3. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>
4. <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

**3. Aerosol-Generating Procedures (AGP's)** are commonly performed medical procedures that create uncontrolled respiratory secretions and include:

- open suctioning of airways
- sputum induction
- cardiopulmonary resuscitation
- endotracheal intubation and extubation
- non-invasive ventilation (e.g., BiPAP, CPAP)
- bronchoscopy
- manual ventilation

Based on limited available data, it is uncertain whether aerosols generated from some procedures may be infectious, such as:

- nebulizer administration\*
- high flow O2 delivery

\*Aerosols generated by nebulizers are derived from medication in the nebulizer. It is uncertain whether potential associations between performing this common procedure and increased risk of infection might be due to aerosols generated by the procedure or due to increased contact between those administering the nebulized medication and infected patients.

### References:

1. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-faq.html#procedures-aerosol>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3338532/#!po=72.2222>

**For information on when to quarantine versus return to school or work & COVID-19 Testing, please see the following:**

1. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
2. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
3. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>
4. [https://www.rivcoph.org/Portals/0/Documents/Coronavirus/December/HealthProviders/Protocol for Health Care Workers in Acute Care Hospitals 12-17-2020bc.pdf?ver=2020-12-22-081615-933&timestamp=1608653794876](https://www.rivcoph.org/Portals/0/Documents/Coronavirus/December/HealthProviders/Protocol%20for%20Health%20Care%20Workers%20in%20Acute%20Care%20Hospitals%2012-17-2020bc.pdf?ver=2020-12-22-081615-933&timestamp=1608653794876)
5. <https://www.cdc.gov/coronavirus/2019-ncov/faq.html#Testing>
6. Riverside City has **free (no cost) COVID-19 testing** at <https://riversideca.gov/testing> and typically results within 24 hours.
7. Riverside County has COVID-19 testing at <https://gettested.ruhealth.org/>
8. Appointments can be made for any of the **County of Riverside** testing sites by calling **(800) 945-6171**. Appointments for the **State of California** testing sites can be made online at <https://hi.care/covidtesting> or by calling **(888) 634-1123**.

**4. Symptoms of COVID-19** are as follows:

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. **Symptoms may appear 2-14 days after exposure to the virus.** People with these symptoms may have COVID-19:

- Fever (100.0°F [37.8°C] or higher)** or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Fever is defined as subjective fever (feeling feverish) or a measured temperature of 100.0°F (37.8°C) or higher. Note that fever may be intermittent or may not be present in some people, such as those who are elderly, immunocompromised, or taking certain fever-reducing medications (e.g., nonsteroidal anti-inflammatory drugs [NSAIDs]).

### When to Seek Emergency Medical Attention

Look for **emergency warning signs\*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

### References:

1. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html>
2. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
3. <https://www.cdc.gov/coronavirus/2019-ncov/downloads/Please-Read.pdf>