

# VEOLA E. VAZQUEZ, PhD

8432 Magnolia Ave.  
Riverside, CA 92504  
vvazquez@calbaptist.edu

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## LICENSURE

2000 Licensed Psychologist California #PSY16736

## EDUCATION

1998 Ph.D. Clinical Psychology ROSEMEAD SCHOOL OF PSYCHOLOGY  
Biola University, La Mirada, California  
Full APA Accreditation

1995 M.A. Clinical Psychology ROSEMEAD SCHOOL OF PSYCHOLOGY

1993 B.A. Psychology CALIFORNIA BAPTIST UNIVERSITY  
Riverside, California

## ACADEMIC EXPERIENCE

8/11-present **California Baptist University**  
8432 Magnolia Ave., Riverside, CA 92504  
Professor of Psychology: Teach variety of undergraduate and graduate psychology courses: Theories of Counseling, Tests & Measurement, Advanced Psychopathology, Psychodiagnostics, Human Growth & Development, Special Topics, Cultural Diversity

5/15-6/18 **California Baptist University**  
8432 Magnolia Ave., Riverside, CA 92504  
Associate Dean, Undergraduate, College of Behavioral and Social Sciences: Supervise and hire undergraduate core faculty and adjuncts, manage course scheduling, review and plan curriculum, organize and plan undergraduate events, develop procedures for undergraduate programs.

9/05-12/05 **California Baptist University**  
8432 Magnolia Ave., Riverside, CA 92504  
Adjunct Professor: Taught master's level Human Development course.

9/99-6/03 **Rosemead School of Psychology, Biola University**  
13800 La Mirada Blvd., La Mirada, CA 90639  
Assistant Professor of Psychology: Taught undergraduate psychology courses: Psychological Testing and Assessment, Lifespan Development, Adolescent Development, Child Development, Introduction to Psychology, and Psychology and Christian Thought. Advisor to undergraduate students. Supervised graduate level clinical practica. Committee member for dissertations and doctoral papers.

**CLINICAL EXPERIENCE**

- 9/99-5/01      **Biola Counseling Center**  
12625 La Mirada Blvd., La Mirada, CA 90638  
Licensed Psychologist: Provided individual and family therapy to children, adolescents and adults. Supervised student therapists. Taught parenting classes to community clientele. Provided seminars to community organizations on family and child mental health issues.
- 9/95-5/96      **Calvary Counseling Center**  
2818 Manhattan Beach Boulevard, Gardena, CA 90249  
Psychological Assistant #PSB23088: Provided individual and group therapy to adults, adolescents and children. Administered various measures of personality and cognitive ability on a limited basis.

**POST-DOCTORAL FELLOWSHIP**

- 9/98-8/99      **Rosemead School of Psychology, Biola University**  
13800 Biola Avenue, La Mirada, CA 90639  
Assistant Professor of Psychology/Staff Therapist: Taught undergraduate psychology courses: Introduction to Measurement, Lifespan Development, Adolescent Development, and Child Development. Undergraduate advisor. Supervised graduate level clinical practica. Provided individual and family therapy to children, adolescents, and adults. Taught parenting classes to community clientele.

**PRE-DOCTORAL INTERNSHIP (APA Accredited)**

- 9/97-8/98      **St. John's Child and Family Development Center/St. John's Hospital and Health Center**  
1339 20th Street, Santa Monica, CA 90404  
Provided individual, family and group therapy to children and adolescents (English and Spanish). Completed psychological and developmental assessments. Provided psychological consultations for outpatient pediatric surgeries and families of cancer patients. Consulted with Therapeutic Preschool.

**SUPERVISED CLINICAL PRACTICA**

- 9/96-8/97      **University of California, Los Angeles-Harbor/UCLA Medical Center**  
1000 West Carson Street, Torrance, CA 90509  
Completed psychological and neuropsychological evaluations of adult persistently mentally ill patients - inpatient and outpatient (English and Spanish). Performed individual psychotherapy for outpatient clinic.
- 7/95-6/96      **Sarah Center**  
4001 Long Beach Boulevard, Long Beach, CA 90807  
Provided individual and family therapy for children and adolescents victimized by severe physical and/or sexual abuse (English and Spanish). Conducted psychological assessments.

9/94-1/95      **Whittier High School**  
12417 East Philadelphia Street, Whittier, CA 90601  
Provided individual therapy to adolescents. Conducted assessments for Individualized Education Plans.

#### **PEER REVIEWED RESEARCH**

Knabb, J. & Vazquez, V. (2018). A randomized controlled trial of a 2-week internet-based contemplative prayer program for Christians with daily stress. *Spirituality in Clinical Practice*, 5(1), 37-53.

Knabb, J., Vazquez, V., Wang, K., Bates, T. (in press). "Unknowing" in the 21st century: Humble detachment for Christians with repetitive negative thinking. *Spirituality in Clinical Practice*.

#### **MANUSCRIPTS UNDER REVIEW**

Vazquez, V. & Bergin, A. (2017). "Effectiveness of an Inpatient Treatment Program for Substance and Alcohol Abusing Pregnant Women." *Manuscript submitted for publication*.

#### **ONGOING RESEARCH PROJECTS**

Vazquez, V.E., Otero, I. & Goodlow, J. (2018). "Racism and Black-White Interracial Marital Satisfaction: A Moderated Mediation Model of Conflict and Religious/Spiritual Well-Being." *Manuscript in preparation*.

#### **DOCTORAL DISSERTATION AND ADDITIONAL RESEARCH**

Vazquez, V.E. (1998). *Adjustment and conflict patterns in Black-White interracial marriage: Effects of racism, spiritual well-being and acculturation*. Unpublished doctoral dissertation, Rosemead School of Psychology, Biola University, La Mirada, CA.

Vazquez, V.E. (1995). *An exploratory study of Black-White marriages in the mid-1990's*. Unpublished research apprenticeship project, Rosemead School of Psychology, Biola University, La Mirada, CA.

#### **NON-ACADEMIC PUBLICATIONS AND EXPERIENCE**

Vazquez, V. (2017). *Convinced*. Double Letter Press, Riverside, CA.

Vazquez, V. (2017). *The penny predicament: Unity study*. Double Letter Press, Riverside, CA.

Vazquez, V. (August, 2017). *Engaged and Pregnant: Guest expert blog post*. Biola University, Center for Marriage and Relationships, online blog.

Vazquez, V. (December, 2017). *Boundaries and blended families: Guest expert blog post*. Biola University, Center for Marriage and Relationships, online blog.

Vazquez, V. (2016). *The penny predicament: A coin chronicles novel*. Double Letter Press, Riverside, CA.

Vazquez, V. (2016). *The nickel nuisance: Unity study*. Double Letter Press, Riverside, CA.

Vazquez, V. (2015). *The nickel nuisance: A coin chronicles novel*. Double Letter Press, Riverside, CA.

Vazquez, V. (2011, Spring). *Stagnant or growth*. Precious Times Magazine, Viewpoint.

Vazquez, V. (2011, Fall/Winter). *Uphill battles*. Precious Times Magazine, Viewpoint.

8/02-2/04      **Focus on the Family**  
8605 Explorer Drive, Colorado Springs, CO 80920  
Freelance Writer: Wrote articles related to child development for internet and school publications.  
Featured on *Weekend Magazine* radio program - discussion of eating disorders.

### PROFESSIONAL PRESENTATIONS

Vazquez, V. (2016, September). *Ethnicity, racial tension & God: A discussion about race and Christian colleges*. Presentation to the Southern California Collaborative fall meeting, California Baptist University, Riverside, CA.

Vazquez, V. (2016, May). *Parenting education: Supporting parents who were not parented well*. Webinar presented for the California Resource and Referral Network Joint Conference.

Vazquez, V. (2015, November). *Rekindling compassion: Supporting parents, co-workers and yourself*. Paper presented at the Riverside County Office of Education Child Services Unit Staff Development, Riverside, CA.

Vazquez, V. (2015, October). *Parenting education: Supporting parents who were not parented well*. Paper presented at the California Resource and Referral Network Joint Conference. Sacramento, CA.

Vazquez, V., Kraetz, F., & Garcia, D. (2001, April). *Family conversations: Discipline*. Paper presented at the Biola University Salt and Light Symposium, La Mirada, CA.

Vazquez, V., & Cimborra, D.M. (2000, September). *Building stability and character in the family*. Paper presented at the National Center for Strategic Nonprofit Planning and Community Leadership's Women of Excellence Conference, Long Beach, CA.

Vazquez, V. (1999, June). *Parent education: Teaching someone who hasn't been parented*. Paper presented at the California Department of Social Services' Fathers, Families & Communities Conference, San Francisco, CA.

Vazquez, V. (1999, April). *Black-white interracial marriage: Trends, pressures, and clinical implications*. Paper presented at a meeting of the Christian Association for Psychological Studies, Colorado Springs, CO.

Bahadur, M., Bonafiglia, C., Martinez, A., and Vazquez, V. (1999, March). *A single-session consultation model for children and families coping with cancer*. Poster session presented at the annual meeting of the California Psychological Association, San Diego, CA.

### COMMUNITY PRESENTATIONS

Vazquez, V. (2017, November). *Understanding the Bipolar Disorders*. Presentation at mental health awareness event at Magnolia Church, Riverside. CA

Vazquez, V. (2017, October). *Racial reconciliation and belonging*. Presentation to CBU student leadership.

Vazquez, V. (2017, April). *Healing from broken family relationships*. Presentation at Biola University "AfterDark" Chapel, La Mirada, CA.

Vazquez, V. (2017, February). *Supporting a spouse when life brings pain*. Presentation at "Fan the Flame" marriage conference, Evangel Ministries, Detroit, MI.

Vazquez, V. (2017, February). *Marriage: An emotional dance*. Presentation at "Fan the Flame" marriage conference, Evangel Ministries, Detroit, MI.

Vazquez, V. (2016, September). *Mental health, mental illness and God: Finding meaning in suffering*. Keynote speaker at mental health awareness event at Magnolia Church, Riverside, CA.

Vazquez, V. (2016, September). *Ethnicity, racial tension and God: How should Christians respond to the current multicultural world and find unity in the midst of such diversity?* Presentation to new students at CBU Welcome Weekend, Riverside, CA.

Vazquez, V. (2015, October). *Understanding Bullies and Bullying Prevention*. Presentation at the Orange County Children's Book Fair, Costa Mesa, CA

Vazquez, V. (2015, March). *How to write a book*. Presentation to Harvest Christian School, 5<sup>th</sup> grade class, Riverside, CA.

Vazquez, V. (2015, May). *How to write a book*. Presentation to My Learning Studio tutoring center, Riverside, CA.

Vazquez, V.E. (2014, March). *Boys, belief and beyond: Experiencing hope in parenting*. Keynote speaker/presenter, Mother-Son Weekend Retreat. Forest Home Christian Conference Center, Forest Center, CA.

Vazquez, V.E. (2013, April). *Are you thirsty? Seeking Godliness*. Presentation to MOM'sNext group at Magnolia Avenue Baptist Church, Riverside, CA.

Vazquez, V.E. (2011, October). *Emotional development in children*. Radio interview. North Dakota Family Alliance, North Dakota.

Vazquez, V.E. (2011, October). *Friendship*. Presentation to MOM's Next group at Magnolia Avenue Baptist Church, Riverside, CA.

Vazquez, V.E. (2011, March, April, October, November, December). *Convinced: God's love, your worth*. Keynote speaker/presenter. Women's weekend retreat. Forest Home Christian Conference Center, Forest Falls, CA.

Vazquez, V.E. (2010, February/March). *Parenting from the heart*. Six week parenting class presented to members and community at Magnolia Avenue Baptist Church, Riverside, CA.

Vazquez, V.E. (2008, April). *Thrive, don't survive*. Presentation to Rosemead School of Psychology, Biola University chapel service, La Mirada, CA.

Vazquez, V.E. (2006, May). *Body image building*. Presentation to Mother's of Preschoolers group. Mission Hills Church, Mission Viejo, CA.

Vazquez, V.E. (2005, May). *Your questions answered*. Presentation to Mother's of Preschoolers group. Richfield Community Church, Yorba Linda, CA.

Vazquez, V.E. (2005, April). *Body image building*. Presentation to Mother's of Preschoolers group. The Grove Community Church, Riverside, CA.

Vazquez, V.E. (2002, February). *Tutoring the AD/HD adolescent*. Presentation to Biola University's Learning Assistance Program.

Vazquez, V.E. (2001, November). *Tutoring the AD/HD child*. Presentation to Biola University's Learning Assistance Program.

Cimbora, D.M., & Vazquez, V.E. (2000, November). *Adolescent sexuality*. Presentation to Young Life Ministry, La Mirada, CA.

Cimbora, D.M., & Vazquez, V.E. (2000, November). *Adolescent development and family functioning*. Presentation to Junior High students at Lakeside Middle School, Little Lake School District, Norwalk, CA.

Vazquez, V.E. (2000, September). *God is with you, even during graduate school*. Presentation to Rosemead School of Psychology, Biola University chapel service, La Mirada, CA.

Vazquez, V.E. (2000, July). *Ministering to the Navajo: Helping abused children*. Presentation to Navajo missions team, Bethany Bible Fellowship, Garden Grove, CA.

Vazquez, V.E. (2000, March). *Abused and abandoned orphans: How can we help?* Presentation to Ukraine missions team, Biola University, La Mirada, CA.

Cimbora, D.M., & Vazquez, V.E. (1999, April). *Adolescent development and family functioning*. Presentation to Junior High students at Lakeside Middle School, Little Lake School District, Norwalk, CA.

Vazquez, V.E. (1998). *Catch them being good: Parenting class*. Offered 6-10 week series on parenting to community participants. Series repeated Spring 1999, Fall 1999.

### **BIBLE TEACHING EXPERIENCE**

9/07-5/09            **The Grove Community Church**  
19900 Grove Community Drive, Riverside, CA 92508  
Women's Bible Study Teacher: Taught bi-weekly women's bible study to a group of 250 women.

Vazquez, V.E. (2007, May). *The baddest day ever*. Bible study presentation to women's leadership group (Spanish language presentation). Hermosillo, Mexico.

Vazquez, V.E. (2007, January). *To please God*. Bible study presentation to women's bible study group. The Grove Community Church, Riverside, CA 92508.

Vazquez, V.E. (2005, October). *True are your promises, oh God*. Bible study presentation to women's Bible study group. The Grove Community Church, Riverside, CA.

### **AWARDS**

2011 Fiction Writing Award – Orange County Christian Writer's Fellowship – *The Penny Predicament*  
2011 Devotional Writing Contest – Orange County Christian Writer's Fellowship – *Wonderful Consultant*  
2014 First Place Unpublished Manuscript Contest – *The Nickel Nuisance*